

Fall 2016 Learning Guide

Grimshaw/Berwyn & District Community Adult Learning Society

Learning, Language and Literacy

We offer small group and one-on-one programs for:

- ◆ Conversational English
- ◆ Reading and Writing English
- ◆ English for Beginners
- ◆ Accent Reduction
- ◆ IELTS General Preparation
- ◆ IELTS Academic Preparation
- ◆ Conversational French
- ◆ G.E.D. Preparation
- ◆ Financial Literacy
- ◆ Computers

Let us help you improve your reading, writing and comprehension skills. Assessment and placement into programs will be done on an individual basis.

Call (780) 332-1110 for more information

Did You Know???

In Canada ...

42% of Canadian adults between the ages of 16 and 65 have low literacy skills.

Adults with strong literacy skills enjoy many benefits:

- ⇒ Wages of up to 33% higher than those with low literacy.
- ⇒ They are twice as likely to be employed.

International Adult Literacy and Skills Survey (IALSS)

Safety Courses

Standard First Aid, CPR-C & AED

This is the 16 hour standard first aid course.

Including child and infant CPR. 16 hours

W/Th Nov 2 + 3, 9am – 5pm \$220

Driving Tips and Tricks

With 25 years as a professional driver, he has seen it all. Discussing how to remain safe, the proper rules and common mistakes people make while driving. 4 hours

W/Th Oct 18 + 19, 7 - 9pm \$30

Alberta Hunters Education (11+)

This course is a Provincial requirement for all first time hunters in Alberta. You need this course to obtain a hunting license and apply for further training.

Sat Oct 15, 9 - 4 pm &

Sun Oct 16, 10 - noon \$65

Office hours:
Tues/Wed/Thurs
9:00-4:30
Closed over Lunch

We are located at
5418-50 St
(the end of Main street)
in the GBC building.

(780)332-1110

E-mail: gbcals@telus.net

Cooking

Basic Soups

Make hearty homemade soup from scratch. Start your own stock - beef, chicken and vegetable. Create cream, clear and hearty soups.

Nov 5, 10 am - noon \$25

Bread, Buns and Cinnamon Buns

Learn to create white, sour dough and multigrain bread, cheese, hamburger and cinnamon buns.

Nov 12, 10 am - noon \$25

Hearty winter meals

Meatloaf, spaghetti sauce, baked potatoes and chili. Learn how to make these excellent meals for your family.

Nov 19, 10 am - noon \$25

Creative Arts

Learn to Knit \$15

Sat Nov 5, 12 + 19 10 - 11:30 am

Families Welcome!

Learn to Crochet \$15

Sat Nov 5, 12 + 19 1:00 - 2:30 am

Families Welcome!

Magic Fingers Knitting & Crochet Group

Wed 2 - 4pm & Thurs 7 - 9pm

Glass Fusion 101

Sharon - 338-3990

Check us out at www.berwynworkshop.com

Computer Learning

Computer Basics

For beginners of any age! Receive instruction in a small group setting to receive plenty of individual attention.

Tue Oct 4, 11 + 18 7:00 - 9:30 pm \$65

Basic MS Word

Learn how to start with the most popular word processing program. Create, edit and store documents.

Tue Oct 25 7:00 - 10 pm \$40

Basic Excel

Introduction to spread sheets for documenting accounts, scores, expenses, etc.

Tue Nov 1 7:00 - 10 pm \$40

I-Pad

Learn tips and tricks of how to navigate on your iPad .

Instruction book included.

Tue Nov 8 7:00 - 10 pm \$45

Free Activities at the Multiplex*

Indoor Walking for Seniors

Sept 26 - Mar 31
Mon & Thu, 10:30 - 11:30 am

Parent & Tot Gym Time

Sept 12- Apr 27
Mon & Thu, 10 - 11:30am

Family Indoor Walking

Sun Oct 2 - Mar 26,
10 am – 8 pm

Indoor After School

Tue Sept 13 - June 6,
4 - 6 pm

Open Court Family Fun Nights

Fri Sept 16, Oct 14 & Dec 16
7 - 9pm

*Sponsored by the Town
and/or Grimshaw FCSS

Other Local Contacts

Canadian Ski Patrol

Bonnie (780) 624-9298

Taoist Tai Chi

Mary (780) 835-4642

Alley Katz Skipping

Tanis - (780) 618-6053
Dianne - (780) 597-3939

Karate

Lauren at 332-2433

Yoga

Ziona at 618-3945

TOPS Take Off Pounds Sensibly
Linda at 332-7443

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